

Short Bio for Shira Miller, M.D.

Shira Miller, M.D. is Southern California's Only Concierge Holistic Menopause Doctor and is the founder and medical director of [The Integrative Center for Health & Wellness](#), a concierge holistic medical practice based in Los Angeles, CA. She is an integrative medicine doctor that loves helping women (and men) who are struggling with the woes of aging--in a relaxed, private, attentive, and convenient environment. Every patient is a VIP and is treated like it.

Dr. Shira Miller is board-certified in Internal Medicine, and since 2006 she has been practicing integrative, functional, alternative, holistic, nutritional, wellness, age management, and anti-aging medicine. Prior to opening her own private practice, Dr. Miller worked as a clinical research consultant at Children's Hospital Oakland Research Institute, as an urgent care physician at the VA, and as an integrative doctor at San Francisco Preventive Medical Group, Cenegenics, and The Hall Center. She has been a member of ACAM (The American College for Advancement in Medicine - the voice of [integrative medicine](#)) since 2005 and on the board since 2009.

Dr. Miller's unique approach is to treat the causes underlying her patients' complaints, not just cover the symptoms. And, to prescribe treatments which consist of lifestyle optimization, nutrition and exercise, and replenishing substances that are naturally found in the human body.

Dr. Miller is currently accepting new patients and is available for speaking engagements. To find out more, please call 310-734-8864.

Shira Miller, M.D.

The Integrative Center for Health & Wellness – A Concierge Holistic Medical Practice

By Appointment:

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To view longer bio and CV of Dr. Shira Miller, please go to the Media Kit at www.shiramillermd.com.